



“THE VOICE OF FATIMA”

From the Principal

DAMIAN GAMBLEY

Teaching the value of Generosity – St Vincent de Paul Appeal

One of the great things about belonging to a generous, welcoming community like Our Lady of Fatima is that we all work together to support not only our community but the wider community where we live. The St Vincent de Paul Christmas Appeal is a great way of highlighting this in a positive way. Below is a list of items that have been identified for each year level to bring in to support this appeal. (Please check all items are in date.)

Year Level	Please Donate the following: -
Prep	Canned food
1	Pasta rice
2	Tomato sauce, canned food, chips & lollies
3	Drinks - soft drinks , long life juice etc
4	Packet soups, biscuits
5	Breakfast cereal
6	Toiletries - toothpaste, toothbrushes etc

Book lists:

This year we have moved to a new company who will be managing our book lists for 2019. Impact Office Supplies have given us our requested book lists around \$20.00 cheaper than our previous supplier, which is a great win for all our families in our community. The book lists go home today with the instructions about ordering etc. Please note you cannot start ordering online until the 16th of November.

Swimming lessons:

Thank you all for your understanding in regards to the normal swimming lessons that occur in term 4. We are expecting the newly renovated Murrrie school pool will be up and operating next week (Week 4). We have attempted to see if any of the other pools in the area are available but unfortunately they have already been booked up.

Prep Orientation Day this Wednesday 24th October

Just a reminder that Prep Orientation Day is on this Wednesday from 9.00am-until 10.30am. If parents could please drop their children off at the Prep classroom and then they can come over to the Library for some parent information. The day will finish with a small morning tea. We look forward to seeing the new Prep students for 2019.

Last day December 7, 2018

Just to ensure that parents and carers are aware, the last day will conclude with an assembly at 11.30am. Parents are more than welcome to attend this final assembly. At the conclusion of the assembly, students will be able to leave. It is important that all students are collected from the school no later than 12.00 midday. After School Care will be operating from the conclusion of school if parents need to have their child attend until they are ready to pick them up. Thank you for your support in this matter.

School Fees

The Term 4 School Fees were posted and emailed last week to families. Please be reminded that they are due on November 9. Thank you for your assistance.

23rd October, 2018
Week 3, Term 4
Coming Up:

Prep 2019 Orientation	Oct 24
Tuckshop	Oct 24
Uniform Shop	Oct 24
World Educators Day	Oct 26
Toddler Tuesday	Oct 30

Our School Goals:

- Be Respectful
- Be Safe
- Look After Property
- Follow Directions

From the Assistant Principal: Religious Education

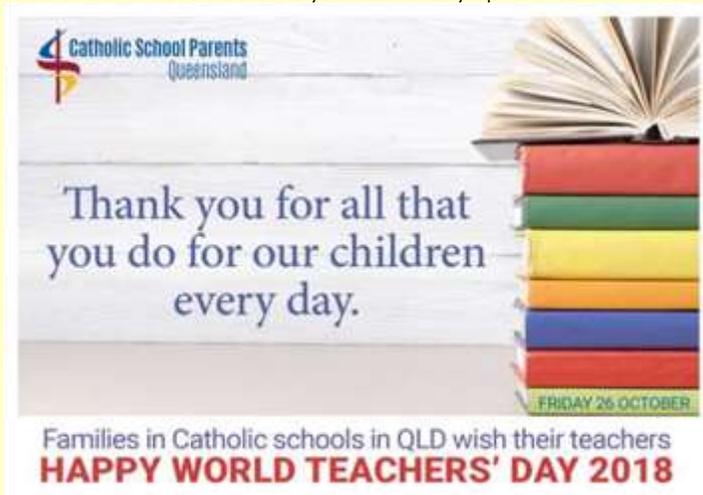
KATE FERGUSON

2019 Sacramental Program at Our Lady of Lourdes, Sunnybank

If you have a child in Years 4, 5 or 6 only in 2019 and you wish them to prepare for the Sacraments of Confirmation, Eucharist and Reconciliation, please contact the Parish Office on 3345 3766 for an interview. Enrolments close Thursday 7th February 2019.

Our Lady of Fatima Parish, Acacia Ridge will announce their Sacramental program in 2019.

Please contact the Parish Offices if you have any questions.



A Word From Sister Bernadette

Recently I read an article by Jono Nicholas from Reachout, a frontline youth and parents service, and also a father of three boys of primary school age. He holds a strong belief that if children manage conflict when they are young, this will help them as adults. If they learn to manage their emotions and learn skills to deescalate conflict early in life then their teenage and adult years may be happier. One suggestion he offers is, when children are having a fight, to not immediately solve the issues for them but sit with them, calm down, and get from them some ideas on how to resolve their problem. Another suggestion is to give them "time in" instead of "time out", when you sit them away from the conflict area, and help them manage their emotions. Happy children have a better chance of becoming happy adults.

Peace,
Sr Bernadette

A FREE Parenting Seminar, *Compassionate Mind Training*, will be held on October 31 and November 3 at the University of Queensland.

COMPASSIONATE MIND TRAINING FOR PARENTS

Researchers at The University of Queensland are offering Parents of Children aged 3-9 Years the opportunity to complete a brief 2-Hour Compassionate Mind Training Seminar. It aims to provide parents with Strategies and Techniques to cope with the everyday stressors of parenthood, to improve their well-being and to make parenting a little easier.

For more information please contact

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<https://exp.psy.uq.edu.au/cmt/>